



**KIPS BAY
BOYS & GIRLS CLUB**



2020 KBM Last Chance Meet

**Hosted by the: Kips Bay Makos
Swim Team
Saturday March 7, 2020
@ Lehman College APEX Aquatics
Center**

**If you need fresh times or last chance
qualification times for JO's this is it...**

“Approved” USA Swim Meet

Sanction #200370-AP

**All Non- USA Teams & USA Swimming Clubs invited with
USA Swimmer times counting for USA Swimming database.**

\$10.00 per Swimmer for (3) events

SANCTION: 200370-AP

LOCATION: Lehman College APEX Aquatic Center
250 Bedford Park Boulevard West
Bronx, New York 10468

FACILITY: The competitive course is 7-13 feet deep. Two-30 yard warm-up/warm-down lanes will be available in the shallow end of the pool throughout the meet. (Coaches must monitor their swimmers in the Warm-up lanes). The pool has been certified in accordance with Article 104.2.2C (4)
The pool certified in accordance with Article 104.2.2C (4)

SESSIONS: **Session 1: 8:00am Warm up/ 9:00am Start**
Session 2: 1:00pm Warm up/ 2:00pm Start

FORMAT: Timed Finals
Deck Seeding

ELIGIBILITY: Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers and non-USA registered recreational teams. Age on **March 7, 2020** will determine age for the entire meet.

DISABILITY SWIMMERS: Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.

ENTRIES: AM 12 & Under Session: (3) Four Individual events
PM Open Session: (3) Four Individual events

Entries MUST be sent on a **Hy-Tek** disk. Be sure to enclose a Master Entry Sheet or Hy-Tek Spreadsheet. Entries received after the deadline will not be accepted. Deck entries will not be permitted.

U.S. Mail Entries/Payment to: "**Kips Bay Boys & Girls Club**"

Approved Meet Status Form: All USA Swimmers must be listed on the form below to be submitted for time approval. This can be done by emailing a list of who is registered with ID numbers from Hy-Tek. If you have none, please indicate on email as well.

Send checks, entry forms to: Eddie Oyola, Aquatics Director
Kips Bay Boys & Girls Club
1930 Randall Avenue
Bronx, NY 10473
Email Entries/Confirm Entry Receipt: **Eddie.Oyola@KipsBay.org**

DEADLINE: **Entries must be received by : March 4, 2020**
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE: **An entry fee of \$10.00 per individual Swimmer.** Fee covers all ind. events....

Make check payable to: **“Kips Bay Boys & Girls Club- Aquatics**

Payment must be received by **March 7, 2020** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

WARM-UP: 45 Min warm up in lanes 1-8 with final 15 minutes sprint lanes will be 2-7.

SCRATCHES: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS: Individual Events: Ribbons for 1st through 6th places.

OFFICIALS: **Meet Referee:** Elane Ang: Officials wishing to volunteer should contact Meet Director or Aquatics Director by **March 4, 2020**

MEET DIRECTOR: Eddie Oyola

ADMIN OFF: Wendy Martinez

RULES: The current USA Swimming Rules and Regulations will apply. The USA Swimming Code of Conduct is in effect for the duration of the meet. The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The use of audio or visual recording devices, including a cell phone or tablet device, is not permitted in changing areas, rest rooms or locker rooms.

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all liabilities and claims for damages against The City of New York, Lehman College Apex Aquatic Center, Patriot Swim Team, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for injuries to anyone during the conduct of the meet.

ADMISSION: Spectators \$5.00/ Children Under 2 years old Free “Per session”
If you have a child in both sessions you are required to pay to attend both sessions.
Tickets can be purchased at : www.KBMakos.Ticketleap.com

MERCHANTS: **NO FOOD WILL BE SOLD AT THIS MEET AS PER THE NEW LEHMAN COLLEGE AGREEMENT...**

PARKING: \$5.00 all-day parking at College Supervised Lot, (100 yards from APEX) and free parking all around

the school. First come, first serve basis.
(USA Swim Coaches have free access with 2015 USA Coaches badge)

DIRECTIONS: **DIRECTIONS TO LEHMAN COLLEGE APEX**
Bedford Park Boulevard between Goulden and Paul Aves.

BY SUBWAY: Take the IRT #4 (Lexington) or IND 'D' to Bedford Park Boulevard and walk West on Bedford Park Blvd. past Paul Ave. to entrance on south side of street.

BY BUS: FROM WESTCHESTER: (White Plains, Hartsdale, Scarsdale, Yonkers via Central Park Ave.) #20 or #20X or (Yonkers via Getty Square/South Broadway/McClean Ave./Central Park Ave.) #4 to Bedford Park Blvd. Terminus and walk West.

BY CAR: Take Major Deegan Expressway (I-87) to the Van Cortlandt Park South Exit and turn left onto Van Cortlandt Ave. Proceed up the winding hill to Sedgwick Ave. And make left onto Sedgwick and continue uphill. Turn right at Goulden Ave. (keeping Reservoir on right) and go south to Bedford Park Blvd. Proceed two long blocks. Parking lots will be on your right.

Via Saw Mill River Parkway South (it becomes the Henry Hudson Parkway) to Mosholu Parkway exit. Proceed on long exit ramp. At the second traffic light, before the subway underpass, turn right onto Paul Avenue. Go for two long blocks. At Bedford Park Boulevard, turn right. APEX building is on your left. Proceed to traffic light and then turn left onto Goulden. Parking lots will be on your right.

IMPORTANT! IN CASE OF EMERGENCY:
Pool Office: 718-960-7123 Meet Desk: 718-960-1134 Eddie: (917) 318-1549



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Saturday March 7, 2020

Hosted by: Kips Bay Makos Swim Team

@ Lehman College APEX Aquatics Center

250 Bedford Avenue, Bronx, N.Y. 10468

Session 1- Events

12 & Under

Warm Up 8:00 am / 9:00 am start

Event #

Event #

**1
3
5
7
9
11
13
15
17
19
21
23**

**200 Free*
50 Butterfly
100 Breaststroke
50 Backstroke
100 Freestyle
100 IM
100 Butterfly
50 Breaststroke
100 Backstroke
50 Freestyle
200 IM
500 Freestyle****

**2
4
6
8
10
12
14
16
18
20
22
24**

Session 2- Events

Warm Up 1:00 pm / 2:00 pm start

**25
27
29**

**200 Free*
100 Butterfly
200 Breaststroke**

**26
28
30
32**

31	100 Backstroke	34
33	200 IM	36
35	100 Free	38
37	200 Butterfly	40
39	100 Breaststroke	42
41	200 Backstroke	44
43	50 Freestyle	46
45	500 Freestyle**	

* 200 Free cut times 12 & Under 2:55/ Open 2:20

** 500 Free cut times 12 & Under 7:10/ Open 5:50 (only fastest 3 heats) Bring Lap Counters

KBM Last Chance Meet

March 7, 2020

Team Name: _____ Team Code: _____

Coaches Names: _____

Day Time Phone #: _____ Eve # _____

Address: _____

City _____, State _____, Zip _____

Coach Email Address; _____

Meet Entry Report

Female Swimmers: _____ X \$10.00= _____

Male Swimmers: _____ X \$10.00= _____

Makes Checks or Money Orders to:

Kips Bay Boys & Girls Club

Email HyTek Entries: Eddie.Oyola@KipsBay.org

Mail Payments and Hard copies to:

Kips Bay Boys & Girls Club

Eddie Oyola, Aquatics Director

1930 Randall Avenue, Bronx, NY 10473